



Pleasant Lake Doodles Take Home Instructions:

Congratulations on your new Pleasant Lake Doodle family member! Your puppy now depends on you for everything- food, water, exercise, training, good health & hygiene. Remember it can take 2-3 days for your puppy to begin to feel comfortable in their new surroundings. I know you will be excited for everyone to meet your puppy, but remember to give your puppy some time to adjust. You & your puppy's success will come from setting up a feeding, potty & training routine. Right now your puppy is used to eating around 7am, noon, & 5pm. Take your puppy outside for a potty break as soon as they wake up, within 10-15 minutes of eating, & right before bedtime.

Feeding:

1. Feed 1-2 cups per day (divided into 3 meals or about $\frac{1}{2}$ cup 3 times/day) & gradually increase the amount to keep an optimal body condition score. Goldendoodles have fluffy fur, so be sure to feel with your hands your dog's waistline & ribs. You should be able to feel the ribs with a small layer of fat on top. Your puppy has been on Life's Abundance All Life Stages dog food & it can be ordered the the nutrition tab on the Pleasant Lake Doodle website or this link will take you directly to my Life's Abundance shop:
<https://lifesabundance.com/PleasantLakeDoodles>
2. First 3 days give $\frac{1}{2}$ cup 3 times/day. Once you get an idea of how much they eat, feed what you believe is necessary. Give your puppy as much food as they want in the morning. As they grow, you will need to increase the amount of food they eat. You will notice as they get a bit older, they will eat more during the morning meal.
3. After about 2-3 months, or whenever your puppy seems less interested in lunch, switch to feeding 2 times/day.
4. If your puppy doesn't eat within 10 minutes of putting the food down, pick up the food dish until the next meal.
5. Be sure to clean the water dish every day & wipe the slime from the bottom of the dish. The slime is bacteria which could make your pup sick.
6. Plain canned pumpkin is good to have on hand as it can help with either diarrhea or constipation. If you need to help them have a bowel movement, you can add 1 Tbsp of pure canned pumpkin (not pie filling) to their food. Just don't make this a habit & always consult your vet.
7. Keep fresh water available at all times, except take away 2-3 hours before bedtime when potty training.

NuVet Immune System Builder:

1. Dogs need 53 vitamins & nutrients & this supplement will provide your puppy with the other vitamins & nutrients that are not provided in the food.
2. Your puppy has been getting a ½ tablet daily. Start with ½ tablet, & once your puppy reaches 20 pounds, give 1 full tablet
3. You can order NuVet under the nutrition tab on our website

Training:

1. Please begin training your puppy upon bringing him/her home. They are smart, eager to learn, & want to please! Dogs are pack animals & are looking to you for their leadership & guidance when they join your family/pack.
2. Keep training sessions short, 2-3 minutes with rest in between a few times/day. End each session on a positive note!
3. Start with sit, down, stay, kennel, & go potty. Once your puppy is fully vaccinated, consider a puppy kindergarten class.
4. Do NOT pet your puppy if/when they jump to greet you or others. Keeping them on a leash can help if you have any issues. Keep one foot on the leash to prevent jumping. Once your puppy settles down & sits nicely, then your guests can pet him/her. Teach calm, self-controlled behaviors now & it will pay off as they get larger & stronger.
5. Give praise & pet your puppy when they sit nicely next to you.
6. Puppies tire quickly & sleep a lot in the beginning. If they become unruly, the puppy may need a nap.
7. For bedtime, take them out to potty & then tuck them in with their snuggle puppy & blanket with littermate's scent. Keep their kennel near where your pup can see you & you can reach your hand in for attention. Your puppy may need to potty once during the night. If/when you do take out at night, keep your voice low & don't get them too excited (except praise by saying good girl or boy when they go potty). Praise the potty behavior but then right back into the kennel. Do not make it a play session in the middle of the night.
8. Life's Abundance Training Treats or string cheese are great for daily training sessions. Cut them into tiny pieces. Braunschweiger is great for a highly valued treat—in very small amounts.
9. Practice recall in the house & yard & reward with a treat! This can be one of the best commands to keep your dog safe throughout life.
10. Puppies nip & chew, & this is normal behavior. Always have chew bones & toys nearby & do not let them chew on you. Keep your rules & boundaries consistent. If your puppy begins to chew on you, offer an acceptable item for them to chew on. Another tip is a quick, sharp puppy “cry” noise. This is how they let their littermates know it hurts. If they persist, then take yourself away from them (get up & leave or turn your back to them). They will not want to lose you! Here is a great article on puppy chewing:

<https://www.drjensdogblog.com/living-with-jaws-a-survival-guide-for-puppy-mouthing>

11. Watch for normal puppy fear periods during the first year, but do not coddle a fear state as this will enforce this type of behavior. Empower your dog.
12. Teach your puppy their name by tagging it on the end of puppy, puppy, & after a few days drop puppy puppy. NO excited or over emotional greeting when you come & go as this can cause separation anxiety.
13. Leash Training: Let your puppy drag the leash to become accustomed to it. Umbilical cord/tether training works great for potty training too.

<https://www.whole-dog-journal.com/training/tethering-your-dog-for-training/>

Potty Training:

1. Once you first arrive home with your new puppy, take your puppy to their new potty spot outside, BEFORE you take them in the house. Take them out the same door & to the same location in your yard each time. Puppies will have accidents. You can clean them up with Life's Abundance Biodeodorizer Spray to remove the scent. I don't consider a pup fully potty trained until they go 1 month without any accidents.
2. Set a timer for every 30 minutes (when awake) for the puppy to go outside.
3. When pup is successful at 30 minutes, increase time to 45 minutes. Keep increasing by increments of 15 minutes.
4. If an accident occurs, reduce the time by 15 minutes.
5. Remember to take out first thing in the morning & within 10-15 minutes of eating. Say "go potty" & give praise when your pup goes!
6. When potty training, puppy belong 1 of 3 places
 - a) Directly with you (not children unless adult supervised)
 - b) In his/her kennel
 - c) On a leash tied to you or something in the house (Tether or Umbilical Cord training) to be close to you & not have the chance to sneak off & have an accident.
7. Never rub your pups nose or face in an accident.
8. Remember a pup's bladder is not fully developed until 5 months of age.

Healthy Hygiene:

1. Clean your puppy's ears once a week with Life's Abundance Ear Cleaner.
 - a) Floppy eared dogs are more prone to ear infections.
 - b) Smell their ears & if they smell funny, be sure to clean them
 - c) Place the ear cleaner in ears after each bath or trip to the groomer.
2. Use Life's Abundance shampoo as needed. You can dilute the shampoo because it is so concentrated. Your puppy will smell amazing!
3. Give your puppy a massage before you start to comb or brush. A slicker brush or wide tooth metal comb works great. When they are puppies, a pin brush works too.
4. A short "puppy trip" to the groomer when they are young can produce a positive experience for grooming to come. Handle paws with slight pressure, look in ears & mouth daily & make it a positive experience. Hug them tight until they submit as a vet may need to restrain them at some point.

5. Check nail length & trim with caution to avoid the quick. Nails should not click on the floor. Keep Quick Stop on hand in case you trim too closely. In the beginning, you could give small treats after each name trim to make it a positive experience.

6. Consider ordering Life's Abundance Porky Puffs for chewing. Dental chews for keeping teeth clean. You can also google recipe/filling ideas for a Kong. For a teething pup, you can wet a rope toy & place it in the freezer.

7. Normal Dog Temperature= 100.5-102.5. Get a digital thermometer (& lubricant such as Vaseline) to take a temp if they don't look well. Call your vet if >102.5.

8. Daily Routine:

- a) Massage: All over body, ears & between paw toe pads. Run your hands over their back a few times to ruffle their fur. Gently tug & twist on tail. Have others do this puppy massage so pup gets used to others.
- b) Comb or brush daily, being cautious of dew claws.
- c) Pet/Massage between toes & check nail length.
- d) Check ears for infection & put Life's Abundance ear cleaner in once/week. Rub & gently tug on ears.
- e) Check collar (2 finger rule). Avoid dangling collar tags when in crate.
- f) Clean any eye boogers. Also, gently cover their eyes for 3-5 seconds.
- g) Gently open mouth, massage gums, & inspect teeth. Consider getting a puppy toothbrush that fits over your finger & move to a regular toothbrush when older.
- h) Gently touch their nose. A dog groomer once told me to hold a silver spoon by their face & eyes (to get them used to scissors when getting groomed).

Vaccinations:

1. Remember to schedule (ahead of time) your pup's 1st vet appointment within 5 days of bringing your puppy home & be sure to bring a stool sample for a fecal check. Bring the current immunizations & deworming schedule in your pup's take home folder.
2. Your vet will set up their puppy check ups & immunization schedule which will likely be around 12 & 16 weeks.
3. Avoid dog parks & having your puppy walk on the ground in pet stores or the veterinarian clinic until ALL shots, including rabies are given at 4 months of age.
4. However, socialization is so important, especially in the 1st 16 weeks of life, so schedule play dates with familiar dogs that have been vaccinated & exposure to new people.

Microchip:

Your puppy has a _____ microchip ID between the shoulder blades & you will need to create an account to register your pup (free) at _____. Your pup's microchip barcodes are affixed to your contract as well as the puppy's first vet exam documents, which you will find in your take home folder.

Exercise & Joint Health:

1. Although exercise is important for helping develop brain growth & improve learning memory & emotional response, exercise that's not appropriate for a puppy's age & development can cause significant & irreversible damage.

2. A pup's growth plates are soft & vulnerable to injury until they are about 18 months old. Prior to 18 months old, allow your pup to play but avoid taking them on runs. You can check out this website from puppy culture to learn more:

[APPROPRIATE EXERCISE – PUPPY CULTURE \(shoppuppyculture.com\)](http://shoppuppyculture.com)

Love & Patience:

You have made an important decision to let a puppy into your heart & home! Thank you for entrusting us as your breeder & in giving your Pleasant Lake Doodle the best start possible! Please don't hesitate to reach out with any questions or concerns throughout your puppy's life! We look forward to pupdates & pictures! May your puppy bless you with unconditional love & companionship for years to come! God bless you & your Pleasant Lake Doodle!